

PSHE/RSHE – EYFS - Y6

Intent

We believe passionately that our innovative Personal, Social, Health and Economic (PSHE) Education curriculum (including relationships education and No Outsiders ethos) will give pupils the knowledge, skills and understanding they need to lead confident, healthy independent lives and to become respectful, active and responsible global citizens. PSHE lies at the cornerstone of the trust ethos. We are preparing children for life in modern Britain, developing and deepening their understanding of fundamental British values of democracy, individual liberty, rule of law, and mutual respect and tolerance. We believe all our children can leave our school confident and assured of their place in this diverse and changing world.

Aims of PSHE Education

Each child at Handforth Grange is unique and individual, yet also belongs to a community. As they grow into citizens, children will engage with society; experience, live alongside and sometimes join different communities while retaining a sense of self. PSHE Education is an umbrella term for the way in which we teach children be proud of who they are and know how they fit in the world in which they live. PSHE Education at Handforth Grange aims to give children the knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society

Implementation

The PSHE curriculum is delivered by class teachers in termly blocks throughout the academic year. It is also delivered through weekly assemblies, the No Outsiders whole school ethos, and activities out of school such as after-school clubs and school trips, for example to places of worship, sports events involving children from other parts of the WEP.

The Kapow Primary scheme is a whole school approach that consists of three areas of learning in EYFS: Reception (to match the EYFS Personal, social and emotional development prime area) and five areas of learning across Key stages 1 and 2.

EYFS:

- Self-regulation
- Building relationships
- Managing self

Key stage 1 and 2:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

Each area is revisited to allow children to build on prior learning. The lessons also provide a progressive programme. The lessons are based upon the statutory requirements for Relationships and Health education, but where our lessons go beyond these requirements (primarily in the Citizenship and Economic wellbeing areas) they refer to the PSHE Association Programme of Study which is recommended by the DfE. Sex education has been included in line with the DfE recommendations and is covered in Year 6 of our scheme. The scheme supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative

effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

A range of teaching and learning activities are used and are based on good practice in teaching RSE/PSHE education to ensure that all children can access learning and make progress. In key stage 1 and 2, there is an introductory lesson at the start of each year group which provides the opportunity for children and teachers to negotiate ground rules for the lessons. These introductory lessons can then be referred to throughout the year to help create a safe environment. All lessons include ideas for adaptation to stretch the most able learners and give additional support to those who need it. Many lessons, stories, scenarios, and video clips provide the opportunity for children to engage in real life and current topics in a safe and structured way. Role-play activities are also included to help children play out scenarios that they may find themselves in. There are meaningful opportunities for cross-curricular learning, in particular with Computing for online safety and Science for growing, nutrition, teeth, diet and lifestyle. The scheme provides consistent messages throughout the age ranges including how and where to access help.

In addition, each half term includes a lesson focused on a No Outsiders text linked to the terms focus area. These lessons enable pupils to gain an understanding of the protected characteristics in the Equality Act and understand how equality benefits everybody. Weekly No Outsider and Picture News assemblies build on children's understanding of equality, diversity, Inclusion and ethical responsibilities within society using photographs or stories in the news. These promote discussion and enable children to formulate their own opinions on a range of themes. This is a valuable part of our inclusive education, promoting community cohesion to prepare young people and adults for life as global citizens. The school is also committed to providing all pupils with a solid understanding of each British value;

- Liberty
- Tolerance
- Respect
- Democracy
- The rule of law.

The British values are celebrated during lessons and assemblies. The children learn about the five British values, their importance and how they have shaped the world. Assemblies are held to provide the children with lessons about each one and all children have a good understanding of each value. The values are recapped upon during every assembly to ensure children are encouraged to demonstrate the values.

The role of parents and carers is recognised, and guidance is provided to assist teachers on how to work with them and include them in their children's learning. In addition to the lessons, there is a suite of eight Q&A videos for teachers, featuring experts from various fields, covering the key areas: Families, Friendships, Healthy and safe relationships, Digital safety and The changing adolescent body.

Impact:

At Handforth Grange we use PSHE books and phase books to record pupil responses to lessons. These should capture the aims of the lesson and pupils should be encouraged to demonstrate understanding through a variety of responses.

Each unit of lessons is assessed using the Kapow assessment quiz and knowledge catcher. The quiz contains 10 questions, nine of which are multiple-choice and can be used either at the end of the

unit or at both the start and the end to help measure progress and identify any gaps in learning. The Knowledge catchers list some of the lesson titles in mind-map or table format and can be used at the start of a unit to see what the children already know and to inform planning, and then pupils can revisit the same version of the Knowledge catcher at the end of the unit to add what else they now know, further demonstrating their progression in learning. Once taught the full scheme, children will have met the objectives set out within the Relationships and Health Education statutory guidance and can utilise their learning within their daily lives, from dealing with friendship issues to resilience to making healthy choices and knowing where and how to get help when needed. All pupils in the class should be able to talk about each lesson, regardless of whether their work is included. The PSHE Lead will assess progress in each phase through deep dive days including pupil voice interviews, meetings with teachers and monitoring of recording.

Specific Issues within PSHE & citizenship

Confidentiality

As a general rule a child's confidentiality is maintained by the teacher or member of staff concerned. If this person believes that the child is at risk or in danger, she/he talks to the named child protection coordinator who may confer with the headteacher before any decision is made.

The child concerned will be informed that confidentiality is being breached and reasons why. The child will be supported by the teacher throughout the process.

Child Protection

The school has a separate Child Protection Policy. Effective PSHE & citizenship may bring about disclosures of child protection issues and staff should be aware of the procedures for reporting their concerns.

Controversial and Sensitive Issues

Staff are aware that views around some PSHE related issues are varied. However, while personal views are respected, all PSHE issues are taught without bias. Topics are presented using a variety of views and beliefs so that pupils are able to form their own informed opinions but also respect others who may have different opinions.